

Healthy is Happy: Nutrition and Fitness Propel Us Forward

2022 Art and Poster Contest for the 2023 NAHMA Calendar

CONTEST RULES

Note: While we encourage community activities to discuss the theme and contest rules, **ENTRIES MUST BE CREATED BY THE INDIVIDUAL WITHOUT ASSISTANCE.**

Posters must be done on poster board (or heavy art paper) Size: 22 inches x 28 inches.

- Official Entry Form must be attached to the back of poster.
 - Any media may be used for the posters, including paints, crayons, color pencils, chalk, digital art or collage, but contestants are advised to ensure that the media selected:
 - Results in a flat surface, and
 - Can be adequately protected against damage.
 - NO Pastel colors
- Photography - color or black and white and measure at least 8 inches x 10 inches and no larger than 22 inches x 28 inches.
- Other media such as tile, macramé, carving, quilting, needlework, etc., must be submitted as a photograph measuring at least 8 inches x 10 inches but not larger than 22 inches x 28 inches.

Not allowed on any poster or other forms of art are cartoon characters, names of individuals, product brands or the name of the development or AHMA. Submissions from an AHMA that have any of these items will be disqualified.

The **official** form (see end of this document) with the following information must be legible (i.e., printed or typed) and attached to each submission.

Children

- Artist's name
- Age/Date of Birth
- Grade completed in June of 2022
- Grade level indicated (i.e., K-1, 2-3, 4-6, 7-9 or 10-12)
- Name of school
- Name of development where child lives
- Child's address and phone number
- Name of child's parent or guardian
- Name of resident manager/phone number/email address
- Name of management company for development
- Name of AHMA

Elderly & Special Needs

- Artist's name
- Full mailing address and phone number
- Name of resident manager/phone number/email address
- Name of management company for development
- Name of AHMA

➤ ***Each entry MUST be marked and contain the above information.***

➤ ***Incomplete submissions will be returned to the AHMA.***

When is the deadline?

The deadline for AHMA entries to the national contest must be received by NAHMA no later than ***Wednesday, June 1, 2022.***

Entries must first be sent to your local AHMA, which has an earlier deadline. To learn when these deadlines are, please call your local AHMA.



Healthy is Happy: Nutrition and Fitness Propel Us Forward
(Children Entry Form; Please Print or Type)

2022 Art/Poster Contest Official Entry Form

First Name _____ Last Name _____

Age _____ Date of Birth ____ / ____ / ____

Grade Completed (in June of 2022) _____

Grade Level (circle one): K-1 2-3 4-6 7-9 10-12

Name of School _____

Name of Development Where Child Lives _____

Child's Address _____

Child's Phone Number _____

Name of Child's Parent or Guardian _____

Name of Resident Manager _____

Resident Manager Phone Number _____

Resident Manager Email Address _____

Name of Management Company for Development _____

Name of AHMA _____

Please Fill Out This Form in Its Entirety



Healthy is Happy: Nutrition and Fitness Propel Us Forward

(Elderly & Residents with Special Needs Entry Form; Please Print or Type)

2022 Art/Poster Contest Official Entry Form

First Name _____ Last Name _____

Age _____ Date of Birth ____ / ____ / ____

Category (circle one): Elderly Special Needs

Name of Development Where Resident Lives _____

Resident's Address _____

Resident's Phone Number _____

Name of Resident Manager _____

Resident Manager Phone Number _____

Resident Manager Email Address _____

Name of Management Company for Development _____

Name of AHMA _____

Please Fill Out This Form in Its Entirety



**AGREEMENT WITH RESPECT TO PRIZE
IN NAHMA ART/POSTER/CALENDAR CONTEST**

In accepting the prize in the NAHMA **Healthy is Happy: Nutrition and Fitness Propel Us Forward** Art/Poster Contest, I, _____ hereby represent that I am eligible to receive this prize under the contest rules on eligibility.

In consideration of the award of the prize to me, I hereby agree as follows:

1. I hereby transfer and assign to NAHMA all my rights, title and interest in my entry in the 2022 **Healthy is Happy: Nutrition and Fitness Propel Us Forward** Art/Poster Contest, including all copyright or other intellectual property rights. My entry shall hereinafter become the sole property of NAHMA and may be used in such publicity, publications and advertisements as NAHMA may see fit.
2. I hereby give NAHMA, its members and/or affiliates the absolute right and permission to use my artwork and photo for publicity purposes and to make reproductions in any media and to copyright in its own name, and/or publish, and/or market, and/or assign such images without compensation.

I hereby acknowledge that I have read this document and that I understand and agree to its terms.

Recipient's Signature: _____

Print Recipient's Name: _____

Recipient's Social Security Number: _____

Recipient's Date of Birth: _____

Parent/Guardian's Signature: _____

**if applicable*

Print Parent/Guardian's Name: _____

**if applicable*

Date: _____

** Applies Only to Participants That Are Under the Age of 18.*